Nordic Water Polo League

Promoting and developing Water Polo from the North of Europe

NORDIC WATER POLO LEAGUE

On behalf of Cetus Espoo, we are pleased to invite your U16 mix water polo team to the Qualification Round of the Nordic Water Polo League in Espoo during 2nd-5th April 2026.

Participating teams

- Vilnius
- Vepr Tallin
- Alfa Gorzow
- Turun Uimarit Turku
- Cetus Espoo
- Kuhat Helsinki
- City of Manchester
- Cheltenham SWPC
- London Penguin
- Sporting Clube de Portugal
- Antwerpse waterpolo
- Riga Sharks

SSF Bonn/Duisburg 98 directly qualified to the finals as host

Referees	Each club is appointed to nominate a referee before 15th February and after the approval of NWPL Delegate, the referee can accompany the team to the tournament. Teams that do not nominate a referee will pay a fee of 300 euros to the NWPL Committee for the appointment of a local referee according to NWPL guidelines.
Dates	The tournament will start on Thursday 2nd April at 17:30 and finish on Sunday 5th April at 13:00
Swimming pool	Espoonlahden uimahalli (Espoonlahti swimming pool) Espoonlahdenkuja 4, 02320 Espoo
Conditions	Each team will bear its own costs of travelling, meals, accommodation, and transfers to the pool. A suggested trip package is attached.
Order of play	A preliminary game schedule will be sent soon
Team list	The team list with 20 players must be submitted at the latest 2nd March according to NWPL guidelines.
Rules	Matches will be played with FINA International rules in 20x25m. 4 periods of 6min. No penalties during the Qualifications. Penalties only during the Final matches.

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Preliminary Schedule

Local times apply

Thursday 2nd April

18:30 City of Manchester vs Cetus Espoo

19:35 Cheltenham vs Riga Sharks

20:40 London Penguin vs Sporting Clube de Portugal

Friday 3rd April

08:30 Cheltenham vs Vilnius

09:35 London Penguin vs KAZSc Antwerp

10:40 Sporting Clube de Portugal vs Kuhat Helsinki

11:45 Vepr Tallin vs Riga Sharks

12:50 City of Manchester vs Turun Uimarit

14:30 London Penguin vs Vilnius

15:35 Cetus Espoo vs Sporting Clube de Portugal

16:40 Kuhat Helsinki vs Riga Sharks

17:45 Cheltenham vs Vepr Tallin

18:50 KAZSc Antwerp vs Turun Uimarit

19:55 City of Manchester vs Alfa Gorzow

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Saturday 4th April

08:30 Cetus Espoo vs Kuhat Helsinki

09:30 Turun Uimarit vs Riga Sharks

10:30 Vepr Tallin vs Vilnius

11:30 City of Manchester vs KAZSc Antwerp

12:30 Cheltenham vs Sporting Clube de Portugal

13:30 London Penguin vs Alfa Gorzow

15:00 Turun Uimarit vs Kuhat Helsinki

16:00 Vilnius vs Riga Sharks

17:00 City of Manchester vs Vepr Tallin

18:00 Cetus Espoo vs KAZSc Antwerp

19:00 Alfa Gorzow vs Sporting Clube de Portugal

20:00 Cheltenham vs London Penguin

Sunday 5th April

08:30 Alfa Gorzow vs Turun Uimarit

09:30 Vilnius vs Kuhat Helsinki

10:30 Vepr Tallin vs KAZSc Antwer

11:30 Alfa Gorzow vs Cetus Espoo

Qualification

The top 7 teams in the standings qualify for the Finals.

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Accommodation and meals

It includes accommodation and meals (breakfast, lunch and dinner).

Hotel Matts in Matinkylä

Location: 100m from Matinkylä metro station. Matinkylä – Espoonlahti takes 8 minutes by metro. Hotel Matts is located next to a large shopping mall with shops, restaurants and entertainment.

- Shared room **85 €/person/night**
- Single room **135 €/person/night**

To secure your reservation, please submit your booking via email to vesipallo@cetus.fi by February 28th. The accommodation and meal package is not available to book after this date.

Transportation

We recommend using public transportation and installing the HSL app beforehand for timetables, routes and tickets. HSL is the Helsinki Region Transport, a municipal authority running public transportation in the capital region. https://www.hsl.fi/en

To/From the Helsinki-Vantaa Airport
We recommend taking a train from the Helsinki-Vantaa airport to Helsinki Railway Station and transferring to the metro which will take you to Espoo. The journey should take less than 1,5 hours. The airport train station is located under the airport terminal. You will need an ABC-zone ticket for this journey. The ticket costs 2,20 euros for children aged 7-17 years and 4,40 euros for adults.
https://www.hsl.fi/en/travelling/visitors/airport-train

Alternatively, taxi companies offer minibus services at a higher pricepoint.

Hotel to pool
The Espoonlahti pool is located a brisk 5-minute walk away from Espoonlahti metro station. Alternatively, a local bus route runs between the hotel and the pool. In addition, Hotel Matts is located a stone's throw away from the metro station, resulting in an easy transition between the hotel and the Espoonlahti pool. To cover travel between the hotel and Espoonlahti you will need a BC-zone ticket. The day ticket offered by HSL for the BC-zone is likely the most affordable option for travel. A day ticket will set you back 10,60 € for children aged 7-17 and 21,20 € for adults.

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We are confident that this tournament will be a unique experience both on a sporting and organizational level. We thank all the teams for their participation and collaboration in making this event a success.

If you need any further information, do not hesitate to contact the organizing committee members.

Wishing you a pleasant stay in Espoo.

With kind regards,

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Organizing Committee

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